

“Go-bag” Packing List for Isolation and Quarantine

In the event that a student needs to be temporarily relocated to isolation or quarantine housing, we recommend that a “Go Bag” is prepared ahead of time. Be prepared to have enough for 10-14 days.

Here are items to pack:

- A pillow and blanket
- Comfortable clothing, sleepwear, undergarments
- Slippers and flip-flops/shower shoes
- Towels/washcloths
- Personal toiletries and hygiene products
- Glasses/contact lenses
- Any prescription and/or over-the-counter medications you normally take; fever-reducing medication such as ibuprofen or acetaminophen (Tylenol)
- A thermometer
- Face masks/coverings, hand sanitizer
- Laundry detergent (only for quarantine students)
- Items for class, including: lap top; chargers; books/pens/pencils, etc
- Phone and charger, headphones
- Personal entertainment items such as books, coloring/puzzle books, yoga mat, etc.
- Wallet with ID and insurance card (or picture in your phone of front and back of card).
- Non-perishable snacks such as granola bars if desired

Items provided in the rooms:

- One set of bed linens
- Microwave, small refrigerator
- Basic toiletries
- A few water bottles and non-perishable snacks
- Students will have access to dining services (isolation: students will have meals delivered; quarantine: students will be permitted to go to dining hall to pick up grab and go meals to bring back to their rooms)

Students are expected to follow all instructions for isolation and quarantine that have been provided.

If students forget any items or are in need of something, contact Residence Life for assistance.