

Student' s Name _____

Drew University Health Service
Standing Orders for Travel to West Africa (Ghana, Mali,)
2009

VACCINES:

Required:

Yellow Fever Vaccine: Must be given at a designated Yellow Fever Center (Drew University is a designated Yellow Fever Center). A Certificate of Vaccination is required and is valid **ten days** after vaccination to meet entry requirements.

Highly Recommended:

1. MMRs up to date as required by Drew
2. Tetanus/diphtheria booster within past ten years
3. IPV (Inactivated Polio Vaccine) booster: Immunized travelers should receive a one-time polio booster prior to international travel.
4. Hepatitis A vaccine: 1 dose to be given at least **one month** prior to travel, with a booster dose recommended at 6-12 months.
5. Typhoid vaccine : One injectable dose, given at least **two weeks** prior to travel.
6. Meningitis: One dose to be given **at least 14 days** before trip.

Also Recommended:

1. Hepatitis B vaccine: 3 doses given on a 0-1-6 month schedule, or on a 0-1-2 month schedule (an approved accelerated schedule for travelers, with a 4th dose recommended at 12 mos).

MEDICATIONS:

1. Antimalaria medication – Malarone **or** Mefloquine(Larium) **or** Doxycycline as prescribed.
Mefloquine(Larium) should not be used by anyone with a history of epilepsy or other seizure disorder, history of depression, generalized anxiety disorder, psychosis, schizophrenia or other major psychiatric disorder or who has been diagnosed and/or treated for certain heart problems.

PRECAUTIONS:

1. Food and water (see CDC handout)
2. Sunscreen, at least SPF15
3. Appropriate insect repellent (30-50%) DEET - see CDC handout)

I have read, understood, and received a copy of the above recommendations for travel. If I have further questions, I understand that I may consult with Drew University Health Service or the health care provider of my choice.

Signature of Traveler

Date

I have advised the student regarding these travel recommendations.

Signature of Health Care Provider

Date